

New centre offers programmes for youth with disabilities



Catherine Botha has opened Brite Buddyz in Beachlands to cater for young people with disabilities.

A new facility in Beachlands is offering programmes, social interaction and life skills for teenagers and young people with disabilities.

Brite Buddyz is the brainchild of Catherine Botha who moved to Beachlands late last year. With a background in running after-school programmes for atypical children in Rotorua, Catherine immediately recognised the need for support for young people with disabilities and neurodiversity on the Pōhutukawa Coast.

“I’ve had lots of enquiries from parents of children with high needs. In Beachlands there was no access to anything like this until now. Parents of young people with learning and physical disabilities were having to drive for miles each day to access suitable programmes.”

Finding a suitable venue was a challenge, says Catherine. She finally took the plunge and rented the building previously

occupied by a childcare centre on the corner of Shelley Bay Road and Third View Ave, after it had stood vacant for two years.

After tidying the gardens and adding a few pieces of furniture to make the indoor spaces comfortable, Brite Buddyz is preparing for a busy time ahead with three different programmes planned for the centre.

The first is a school holiday programme for young people aged 5-14 years who have learning disabilities, which is already operating at the centre.

The second initiative is a social club for teens, both neurotypical and atypical, which will offer an inclusive space to hang out every afternoon until early evening. The social club offers table tennis, a pool table, foosball, a movie room

CONTINUED ON PAGE 2

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29 Sat	☽	3:15am ▲ 2.9m	9:32am ▼ 0.9m	🐟
30 Sun	☽	4:15am ▲ 2.9m	10:34am ▼ 0.8m	🐟
31 Mon	☽	5:18am ▲ 3.0m	11:34am ▼ 0.7m	🐟
1 Tue	☽	12:03am ▼ 0.8m	6:20am ▲ 3.1m	🐟
2 Wed	☽	12:59am ▼ 0.6m	7:19am ▲ 3.2m	🐟
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Catch of the Week photo competition - Season Winner



Congratulations **Addy Locksley** - you are this season's winner of the *PC Times/GAS* Maraetai Catch of the Week photo competition!

Addy went fishing with her grandmother aboard *Zoda*, and was absolutely stoked to catch her biggest fish to date, off Waiheke.

She'll be even happier once she learns she's won a brand new rod and reel thanks to GAS Maraetai!

We'll be back later this year with our Catch of the Week competition. Congratulations to all of our weekly winners over the past season.

New centre offers programmes for youth with disabilities

CONTINUED FROM PAGE 1

and gaming area, a creative station with resources, and quiet areas plus a kitchen for making hot drinks.

Brite Buddyz is in discussion with the Takutai Charitable Trust's Youth Project, with plans to integrate the trust's fortnightly Friday night youth gatherings into the new centre's programme.

"Our young people really need a cool place to come and hang out, play games, and socialise," says Catherine. "We plan to offer a safe space every day where that can happen."

The cost to access the youth social club is \$160 per annum, plus \$25 per session.

The third initiative planned for the centre is a life skills day programme for young people aged 20+ years with learning disabilities who are transitioning from school into the 'real world'. "I plan to teach life skills such as gardening and cooking, and we'll do things like beach clean-ups," says Catherine. "We're about to instal an edible garden, so we'll be doing things like visiting rest homes where our programme participants will

offer companionship for the day, and perhaps even cook the rest home residents some lunch using produce from our edible garden. The focus of the programme will be all about creating entrepreneurs who can live and work independently in the world."

The need for such a programme is huge, says Catherine, citing the case of a 20-year-old with very high needs who has funding for support but cannot find a facility who will take him.

"People have funding but nowhere to go," she says. "That's where we come in, we are happy to accommodate everybody no matter what level of needs they have. Carers are also welcome to remain at the centre for the day."

Catherine describes herself as the "fun aunt - I'm about entertaining kids and keeping them happy," she says. "I'm the naughty aunt too, the one who sends kids home on a sugar high at the end of the day!"

She will be supported by a staff member with over 20 years experience working with children with disabilities, and an occupational therapist.

Funding is always a challenge, and Catherine says she has put in a huge amount of hard work already to try and keep the centre's rates as low as possible.

She is receiving support from Geneva Healthcare as she works towards applying for funding via the Ongoing Resource Scheme, and is open to donations from the local community of anything that might be useful for the centre. "We need resources - sensory stuff, second hand things like old devices that are still in working order, recreational equipment, gardening supplies etc."

Bunnings Botany and Mitre 10 Beachlands have already come on board with donations of garden supplies, and Nutter GFX has donated artwork for the centre's signage and website, but there is still a lot that the centre needs.

"We have so many plans - there's a huge amount of work to be done," says Catherine. "It's a really exciting time."

For further information, or to donate items to Brite Buddyz, please get in touch via email britebuddyz@gmail.com, or visit 97 Third View Ave, Beachlands.

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Guest Editorial by Franklin Ward Councillor Andrew Baker

As has been widely reported, in early June the Governing Body of Council took two days to work its way to an agreement in regard to a budget for the current financial year that started on 1 July.

Councils are required by law to balance their budgets and the issues that faced Auckland were well discussed and after what I believed was a fairly harsh draft had gone out for public consultation, the end result was very much a compromise by everyone sitting around the Council table. There was no easy fix, however there were some who believed we could simply borrow our way out of trouble which I was completely opposed to.

We now have a balanced budget for this year and have started working on the next iteration of the 10 year budget or Long Term Plan which I am hoping will be done with a bit more vision about how we can avoid the issues we have just had to deal with. There are plenty of things Council is considering at the moment with the two biggest in my mind being the Future Development Strategy (FDS) and the issue of Maori seats on the Governing Body. The FDS consultation has been extended which is important as it gives people more time to consider what is an extremely important strategy. I voted against the

draft going out in the form it did as did a number of my colleagues. My concerns were that areas where there is no Future Urban Zone which are predominantly around settlements and towns in places like Franklin and Rodney are not being treated fairly or with sufficient rigour in terms of understanding what is needed in those areas, often where planning decisions in the past have created issues that can only be improved or dealt with by appropriate continued development, as odd or perverse as that might seem.

I have always believed Auckland needs a balanced approach to how and where people live and that currently we are seeing a drive led by central Government for our housing options to be those in apartments and town houses in the city centre.

How we approach development is incredibly important and having the ability to live, work and play within areas on the outskirts of our city is just as critical as having intensification in our main urban areas. I have had a lot of feedback from people about this so hopefully we will see a lot of submissions.

Maori representation on Council is now also out for consultation and there have been a couple of intriguing meetings in recent weeks leading up to the consultation document going out. Auckland Council has a unique structure that includes the

Independent Maori Statutory Board (IMSB) and this is clearly explained within the consultation material. My view is that understanding the role of the IMSB is very important as it provides context about a part of Council that from my experience, very few people in Auckland understand or have any knowledge of whatsoever. We should not be afraid to have this conversation but we need to have as much information as possible to be able to make well considered comments and subsequent decisions.

As we have seen with recent Government policies, it is very easy to get side tracked when we start to talk about Maori issues. My belief is that Council needs to show leadership when we engage in public consultation about Maori seats and that we can only do that by being open, honest and fulsome in the information we share with our communities. So again, I look forward to some well thought out, constructive submissions on this subject.

Finally it was outstanding to attend a dawn blessing high in the Hunua Ranges at the end of June to move the much anticipated Hūnua Traverse towards a public opening. This project started in August 2014 when two forward thinking staff from ATEED – Council’s then tourism and economic development arm – approached me as Local Board Chair seeking my thoughts on a plan to create a

cycle/walking trail over the top of the ranges to connect Clevedon to the cycle trails near Kaiaua and into the Hauraki and Thames Coromandel areas. A huge amount of effort has gone on since with Mana Whenua, Watercare, Council and the community to create what will be an amazing tourist attraction and local asset. There is a website to check out and I cannot wait for it open. Well done everyone involved.

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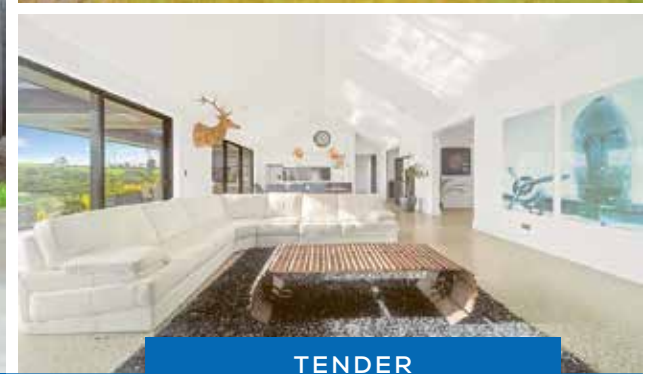
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Kasey's dental treatment

- by Franklin Vets

Kasey the 11-year-old lab was brought into our Pukekohe clinic for her annual vaccination. At this time, it was found that her upper canine was discoloured (pic with a blue circle around the affected tooth). This purplish discolouration occurs when there is trauma to the tooth that uses some bleeding from the blood vessel in the tooth into the surrounding tooth tissue. Sometimes this can then cause ongoing inflammation inside the tooth which causes pain for the animal. Because of this, it was recommended that Kasey come in to have dental x-rays performed to see if the tooth needed to be removed.

We got Kasey back to the clinic a week later and she had a full-mouth dental x-ray performed. Luckily the x-rays showed that that tooth was OK and that there was no ongoing inflammation, so it didn't need to be removed. However, we did find that on the other side of her mouth where Kasey had a gap between her teeth (picture with a red circle showing gap), the x-rays showed 2 roots left from the tooth that should have been there, and that the crown of the tooth had fractured off at some point. (Pic of x-ray with blue dots indicating the roots). These roots then needed to be surgically extracted as they still have a nerve within them and the root furthest back in the mouth had some infection around it festering away.

One-week later Kasey was back to visit and had healed beautifully after her surgery.

This case highlights the benefits of dental x-rays in animals and why they are important. A recent study showed that in dogs 28% of dental disease was only found on x-rays and in cats that number increased to 47%. This means



when your pet comes in for a dental procedure, we may well find more disease than we were expecting, and your animal may need more work to get their mouth healthy and pain-free again.

time and may not be a result of not looking after your pet's teeth. Kasey's owner cleans her teeth every day.

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Adah Platts Mills Reserve: discover Maraetai's hidden gem

People new to the area (or even some longer term residents!) may not know about the small but incredibly special patch of bush situated next to the Coastguard headquarters on Maraetai Drive.

The Adah Platts Mills Reserve is 11 hectares of bush, named after a local doctor who previously lived in the area. The bush is unique in that it holds a range of stands of kauri, rimu, totara and taraire, and is surrounded by houses.

The reserve became very popular during Auckland's Covid lockdowns,

and following the installation of the boardwalk and the steps to Maraetai Heights, numbers visiting the reserve continue to grow.

Along the lower parts of the hilly reserve, the stream-side path is in poor condition and only accessible to the more able.

Reserve advocate John Stacey says that this has not dissuaded children from visiting the 'fairy grotto' further into the reserve which has increased in size and is only bounded by the children's imagination.

Pools and waterfalls make walks along the stream particularly attractive. The stream holds a range both native fish and eels (tuna) which are increasingly under threat.

John says that in recent times the reserve stream has come under pressure. "Leaks from old sewage systems have found their way into the stream causing untold damage and polluting Maraetai beach. When there is heavy rain and the storm water system cannot cope it enters the sewers and flows from there into the stream."

A small group of dedicated locals called the 'Friends of the Reserve' (originally formed by previous guardians) carry out essential tasks including trapping and tree planting. The group has worked alongside the community and Auckland Council over the last three years to plant 1000 trees in

the reserve.

John says that engaging with the community is an important part of the role of the Friends, and in the past talks on pest control and bird counts have been arranged.

Pest trapping has been successful, with a ring of traps now surrounding the reserve as well as an inner defence line. These efforts have allowed native birds such as tui, piwakawaka/fantail, kereru/woodpigeon, pīpīwharau/shining cuckoo and others to flourish. Kaka/NZ parrot have been spotted flying around the reserve, though so far attempts to encourage them to reside in the bush by providing nest boxes have been unsuccessful. Bird counts in the reserve however show a healthy population of a range of other birds.

With the changing climate some trees have found it difficult to survive the wet winters and dry summers. Occasionally wild pigs use the reserve as a thoroughfare, causing a lot of damage as they go.

Within the reserve and less obvious are rare species of fern whose ancestors date back to the age of the dinosaurs. Fragile orchids are also present, and John says that the Friends of the Reserve ask reserve-users to stick to the pathways and keep dogs on leads to avoid them trampling the plants as well as getting into the stream and breaking the banks.

Invasive weeds are always a big problem - some escape from local gardens, while others are thrown into the reserve. These then flourish under the canopy and choke young plants.

Help with weeding is always welcomed, and the Friends are keen to form a weeding group.

Part of the role of the Friends is to advocate for the reserve, and John says that a planned scoping study will look at ways to provide better access as well as countering the effects of erosion.

"We have been fortunate to gain the support of local trusts such as Takutai and the Pōhutukawa Coast Community Trust. The local Rotary club have donated two picnic tables which will be situated beside two young puriri trees that have recently been planted at the front of the reserve, these will be in place by summer.

"If you have not already done so take the time to walk through the reserve and enjoy its tranquillity. If you have special knowledge or want to volunteer, we would love to hear from you."

To get involved, email friendsadahplattsreserve@gmail.com



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- by Chloe, Year 4, Clevedon School


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SPORTS

Pohutukawa Coast Netball Club



RESULTS FROM WEEK ENDING 23 JULY

- S1 vs Livewires: Livewires T1 - Lost 35 - 48
- S2 vs Howick S1 - Lost 18 - 30 - POD Ana Kireka
- S3 vs Otara Scorpions 4 - Lost 18 - 38
- S4 vs Mellons Bay S7 - Lost 18 - 23 - POD Maia Biddulph
- C1 vs Sunnyhills C2 - Lost 10 - 41 - POD Lilly Kenny
- C2 vs Pakuranga United Rugby Club C3 - Lost 12 - 28 - POD Jordan Davis
- C3 vs Sunnyhills C6 - Lost 13 - 28 - POD Amy Coetzee & Isabel Tallot
- J1 vs Mellons Bay J2 - Lost 21 - 24 - POD Kara Ferreira
- J2 vs Pakuranga United Rugby Club J2 - Lost 7 - 16 - POD Chloe Ronberg
- J3 vs PCNC J4 - Won 24 - 5 - POD Sienna Blase
- J4 vs PCNC J3 - Lost 5 - 24 - POD Eva Jelliman
- Y6 Fantails - POD Lara Parkinson
- Y6 Keas - POD Mila Martinovich
- Y6 Tuis - POD Jamie Wesselink
- Y5 Kiwis - POD Amy Johnson
- Y5 Silvereyes - POD Alessandra Wilson



Above: J3 & J4

Beachlands Maraetai Junior Rugby



RESULTS FROM WEEK ENDING 23 JULY

- U9 Red Raptors won against Ardmore Marist 7-6, POD Liam Kelly and Nixon Currie;
- U10 Mitre10 Tigers lost to Ardmore Marist 45-20, POD Carter Fowler, TOD Ethan Cherrington;
- U10 Navy won against Marist Eastern, POD Colt Overend, TOD Luke Saville;
- U11 Thunders played Karaka and Ardmore, POD Wallace Woodthorpe, TOD Sam Lowe;
- U12 Orange won against U12 Navy 39 -34, POD Logan McKinnon, TOD Liam Kaukau;
- U11 Girls Ripa lost to University 16-7, POD Zoe Lawless, ROD Kiri Sophia Dixon;
- U13 Girls Rip lost to College Rifles 16-10, POD S Coley, ROD Ashlee Maxwell;



Above: POD Carter Fowler

Beachlands Maraetai Football Club



RESULTS FROM WEEK ENDING 23 JULY

- U13C lost to Fencibles United U13 0-2 POD: Daniel Fanelli
- WCL v Birkenhead United WConf No result submitted
- U23 v Franklin United U23 No result submitted
- NRFL2 v Franklin United FC No result submitted
- Coasters M40/4 lost Central United FC M40 2-5 POD Rich "The Cat" Jacobs
- Lions M45 beat Uni-Mount Bohemian Nations M45 2-1 POD Praveen Sharma & Matt Stephens for their thunderous 30-yard goals

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Labour List MP based in Papakura

For advice and advocacy contact
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Anahila@parliament.govt.nz
By appointment: 29 Broadway, Papakura, Auckland 2110
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Community Calendar

Listings in our Community Calendar are free. Activities must be not-for-profit and have a community focus. For listings, email info@pctimes.co.nz - include activity, day of week, time, venue and contact details.

Weekly events

MONDAY

- **BABY CHAT** 10.30-12:00pm, Beachlands Baptist Church, Age 0 to 1 yrs.
- **SENIOR CIRCUIT:** 9am \$6 Te Puru Centre.
- **CASUAL BADMINTON:** 7.30-9pm, Te Puru Centre, \$6. Ph:536 5360.
- **ST JOHNS YOUTH:** 6-7.30pm, St Hilda's Church, Wakelin Road.
- **CASUAL TABLE TENNIS:** 7.30-9pm. Te Puru, \$6.
- **SOCIAL TENNIS:** Adults beginners/intermediate 7-9pm Te Puru. Stephen 021 217 7587.
- **KEAS:** scouts for ages 6-8 - 5:30-6:30 Te Puru Scout Hall, tepuru@group.scouts.nz
- **CUBS:** scouts for ages 8-11 - 5:30-6:30 Te Puru Scout Hall, tepuru@group.scouts.nz

TUESDAY

- **COASTAL PLAYGROUP** 5 Jacobs Way, Maraetai. 9am-12pm. Bubs till 5 yrs. Sarah 022 082 6432.
- **KOKAKO VOLUNTEER DAY:** 8.15am-3.30pm, Northern Hunua Ranges. Ruth 021 950 915.
- **RUMMIKUB** 1-4pm, Te Puru Centre \$2. Bernadette 021 170 9350.
- **NATTER N STITCH** 12-3pm, Log Cabin, Sunkist Bay. Lynn 027 507 7200 or Gill 021 204 6647
- **MARAETAI (LAWN) BOWLING CLUB:** 1pm, Te Pene Road. Tues, Thurs, Sat. Derek 536 4626.
- **CASUAL BADMINTON:** 9:30-11:30am, Te Puru Centre, FREE.
- **TABLE TENNIS** - 1:30pm-3:30pm, Te Puru Centre - Free
- **BASKETBALL:** All ages, Te Puru Centre. Email pcbasketballclub@gmail.com. 027 775 5320.
- **MEN'S AND INTERMEDIATE/ADVANCED LADIES TENNIS:** 7-9pm, Te Puru. Stephen 021 217 7587
- **HOUSIE/BINGO** 7.30pm, Beachlands Chartered Club, \$15. Ph: 536 6233.
- **COAST YOUTH:** Years 7-13 at 7-8.30pm. Beachlands Baptist Church. 021 385 535.
- **POHUTUKAWA COAST CHILDREN'S CHOIR:** For primary school ages, 3.30pm - 5pm, at Ray White 'The Shed', contact Rhianon 0212160224.
- **POHUTUKAWA COAST YOUTH CHOIR:** For intermediate and high school ages, 5.15pm - 6.30pm, at Ray White 'The Shed', contact Rhianon 0212160224
- **POHUTUKAWA COAST COMMUNITY CHOIR:** 7.15 - 8.45pm. coastchoir.com

WEDNESDAY

- **JP SERVICE:** 5.00-6.30pm, Beachlands Library.
- **COASTAL MAINLY MUSIC** 9am-12pm, for 0-5yrs, 5 Jacobs Way, Maraetai. Sarah 022 082 6432.
- **SENIOR CIRCUIT:** 9am \$6 Te Puru Centre. First Wednesday of the month BYO plate for coffee after.
- **CASUAL BADMINTON:** 10am-12pm, Te Puru Centre. All welcome. FREE.
- **SENIOR STRETCH & STRENGTH:** 9-10am, Beachlands Memorial Hall, \$12 per month (8 sessions).
- **PEST CONTROL DAY:** Southern Hunua Ranges, Ruth 021 950 915.
- **MASTERS SWIMMING:** Wed/Sat, carpool from Bchinds-Mtai. president@manukaumasters.co.nz.
- **"CREATIVE WINGS" ART FOR SENIORS:** 10am-12pm, St Hilda's Church, Beachlands.
- **CLEVEDON FIRESIDE BRIDGE CLUB:** 10.15am, Clevedon Anglican. Lessons avail. Pauline 299 7433.
- **SCOTTISH COUNTRY DANCE CLUB:** 7.30-9.30pm, Hillpark Primary School Hall. Heather 267 6375.
- **MAHJONG:** 10am-12pm, Te Puru, \$2.
- **QUIZ NIGHT:** 7.30pm. Teams of up to 6, \$5pp Every second week Beachlands Chartered Club 536 6233
- **BADMINTON GAMES:** 8pm, Clevedon Hall, BYO racquet, shuttlecocks provided, \$3. Rebecca 021 1109 675
- **WORN AGAIN OP SHOP,** 9.30am-12pm, The Cottage, 5 K Bay-Orere Rd, Kawakawa Bay.

THURSDAY

- **MAINLY MUSIC.** 9.30am, Beachlands Baptist. Morning tea provided. 021 385 535.
- **GENTLE EXERCISE FUN & FRIENDSHIP FOR SENIORS 65YRS+:** \$5 per session 10am-12.00pm St Hilda's Church Hall, Wakelin Road, Beachlands. Contact Christine Bruinsma 021 133 5283.
- **LINE DANCING:** 10-11am, Whitford Hall till end of April. Karen 021 213 6020.
- **TOY LIBRARY:** 10am-12pm, 59 Third View Ave. Can view & reserve toys online. Contact Betty Wilkings 021 492 325.
- **ADULT GYMNASTICS/FITNESS CLASS:** 11am-1pm FREE Te Puru.
- **SCOUTS - AGES 11-15 - 6:30-8:30** Te Puru Scout Hall, tepuru@group.scouts.nz.
- **TWICE LOVED OP SHOP:** Open 10am-3pm, 104 Maraetai Drive, Maraetai.
- **S.A.Y.G.O. "STEADY AS YOU GO"** Balance and coordination class. 10.30am. Kawakawa Bay Hall. \$2 Fee for Hall Hire and donations to Age Concern and Community. Friendly, gentle exercises. Contact 0210557370 Barbara Long.
- **COASTAL UKES (UKELLE CLUB)** 1:30 - 2:30pm, at Log Cabin, contact Val 027 393 4999 or Jean 021 023 09043.

FRIDAY

- **SENIOR CIRCUIT:** 10-11am Te Puru Centre, \$6 Ph 536 5360.
- **SENIOR STRETCH & STRENGTH:** 9-10am, Beachlands Memorial Hall, \$12 per month (8 sessions).
- **COTTAGE CAFE** 10am-12pm, K Bay, 1st and 3rd Fridays of each month, free coffee + food, company.
- **WORN AGAIN OP SHOP,** 9.30am-12pm, The Cottage, 5 K Bay-Orere Rd, Kawakawa Bay.
- **TWICE LOVED OP SHOP:** Open 10am-3pm, 104 Maraetai Drive, Maraetai.
- **COAST YOUTH:** 6.00-7.30pm Years 7 to 9, 7.00-9.30PM Years 10 to 13. Beachlands Baptist Church. 021 385 535.

SATURDAY

- **WORN AGAIN OP SHOP,** 9.30am-12pm, The Cottage, 5 K Bay-Orere Rd, Kawakawa Bay.
- **TWICE LOVED OP SHOP:** Open 10am-3pm, 104 Maraetai Drive, Maraetai.
- **COMMUNITY TAI-CHI:** 9:15-10:15am, Maraetai School, \$8 (contribution to the school), Stacy 576 3705.

SUNDAY

- **TOY LIBRARY:** 9-10am, 59 Third View Ave. Can view & reserve toys online. Contact Betty Wilkings 021 492 325.

Other events and services

- **RURAL LIBRARIES MARAETAI** 10am-12pm Tues, Fri + Sat, 4-6pm Thurs. **BEACHLANDS** 10am-12pm Mon, 1-3.30pm Weds + Sat. Clevedon 10am-12pm Mon, Thurs + Sat, 10am-1pm Weds.
- **KAWAKAWA BAY** 10am-12.00pm Mon, Tues, Thurs +Sat. **ORERE POINT** 10am-11.30am Tues, Weds + Thurs, 4.30-6pm Fri, 10am-12pm Sat.
- **COTTAGE CAFE FIRST AND THIRD FRIDAY EACH MONTH:** 10am-12pm Kawakawa Bay Presbyterian Church. Ph: Church Office 2922450 (leave a message).
- **8 BALL EVERY 2ND TUESDAY AT 7PM.** Beachlands Chartered Club. info@beachlandsclub.co.nz
- **A TOUCH OF PILATES WEDNESDAY & SATURDAY.** 10-11am (except the last Saturday of the month). Beachlands Chartered Club. Janice 0211 845 354. \$10 casual rate or \$70 for 11 sessions.
- **EUCHRE CARD NIGHT EVERY 2ND WEDNESDAY.** 7pm. Beachlands Chartered Club.
- **COASTAL TREASURES OPEN THURSDAY, FRIDAY & SATURDAY,** 10am-4pm, 41 Third View Ave, Beachlands. Donations welcome Monday, Wednesday and Saturday before 7pm (unless raining) or phone Tania on 021 644 722 for appointment.
- **SPINNING GROUP FIRST & THIRD THURSDAY EACH MONTH,** 10am-12pm Beachlands Library. Contact Lois 021 149 8731. No charge, just bring your wheel.

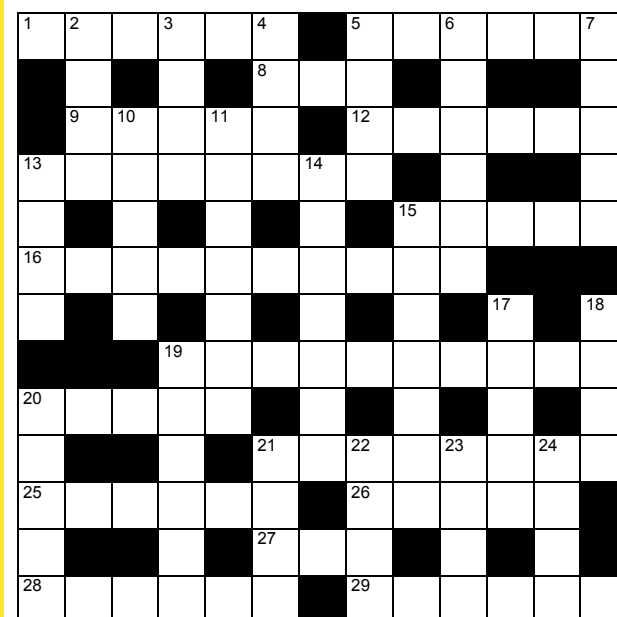
Coastal Cat Rescue 'Cat of the Month'



Every season we think things can not get more hectic and every season this theory is proven wrong. The last few months have seen an increase in animals dumped or left by the people that should be responsible for their wellbeing. Domestic animals are often not able to fend for themselves and rescues are struggling to cope with the heavy burden of sick and malnourished cats and dogs. Please do not leave or dump your pet if you move. Please desex your animals to help break the cycle of neglect and abuse. It is devastating for rescues to limit what they can take in but recently many have found themselves in this position. Think carefully before taking on the responsibility of a pet. Pet friendly rental accommodation is becoming harder to find and often this results in heartbreak for both pets and their owners.

Over the last few months over fifty cats and kittens have been adopted from Coastal Cat Rescue by loving families. This wouldn't have been possible without the help of our dedicated volunteers, foster parents and much appreciated donations from the locals who support Coastal Cat Rescue. The generous donation of funds by Takutai Charitable Trust has enabled us to develop our under-cover area. This has proven invaluable during the horrendous weather we have been experiencing. With approximately fifty cats relying on us we always appreciate, and need, food donations and donations towards the expenses required to maintain or return our rescue cats to health. If you would like to donate items, our supporters at Travel Select, 43 Kouka Road (close to Countdown) provide a drop off point for smaller items such as food. Our wonderful volunteers, Sam and Lara, also allow drop offs in the container near their front door at 62 Second View Avenue, Beachlands. Our vets are Pohutukawa Coast Vets located at 43 Wakelin Road, Beachlands.

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Across

1. Disapprove (6)
5. Second-hand store (colloq) (2,4)
8. Centre (3)
9. Farewell (Fr) (5)
12. Arouse fury (6)
13. Canister holding leaves for a cuppa (3,5)
15. Praise and honour (5)
16. Handy (10)
19. Cleared of blame (3,3,4)
20. Paraphernalia (5)
21. Invention (8)
25. Sharpness of vision (6)
26. Tabard (5)
27. Respectful address to a man (3)
28. Churchman (6)
29. Most current (6)

Down

2. Steep hillside (Scottish) (4)
3. Heroic (4)
4. Heavy, dull sound (4)
5. Follow orders (4)
6. Germinate (6)
7. Iron (5)
10. Intimidate (5)
11. Subside (4,3)
13. Mark as correct (4)
14. Wanderer (7)
15. Patella (7)
17. Binder (5)
18. Epidermis (4)
19. Workplace (6)
20. Mischievous child (5)
21. Fluid-filled sac (4)
22. British peer (4)
23. Jog (4)
24. Responsibility (4)

Answers on page 10

Coastal Fun Run returns on Sunday 5 November

The fifth Rotary ALLFIT Coastal Run will take place again on Sunday 5 November 2023. The run/walk has two distances, both one-way: 10km from Duder Regional Park and 5km from the eastern end of Maraetai Beach.

Super Early Bird pricing is available for a short time, until Saturday 29 July, where adult tickets for the 10K and 5K will only be \$30 and \$15.

This year organisers are offering a team option for the 5K distance for adults and children. For more details see the website at www.rotarycoastalrun.nz. Online bookings are now open!

Tickets for children are also reduced and there is a 25% discount available for family bookings.

Event director Alex Garden from the Rotary Club of Pohutukawa Coast says: "The event gives people a chance to walk or run safely along the lovely Maraetai Coast Road, which hugs the shoreline, without worrying about traffic. However it is possible, due to high traffic management costs and Auckland Council budget cutbacks, that this could be the last event of this type run by the Rotary club."

Once again ALLFIT Gym in Beachlands has stepped up to be the naming sponsor and is providing several prizes.

For up-to-date information see www.rotarycoastalrun.nz or facebook.com/RotaryCoastal – make sure you like the page!

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- WINDOW CLEANING**
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CROSSWORD ANSWERS:
Across: 1. Object, 5. Op shop, 8. Hub, 9. Adieu, 12. Enrage, 13. Tea caddy, 15. Kudos, 16. Convenient, 19. Off the hook, 20. Stuff, 21. Creation, 25. Acuity, 26. Apron, 27. Sir, 28. Priest, 29. Latest.
Down: 2. Brae, 3. Epic, 4. Thud, 5. Obey, 6. Sprout, 7. Press, 10. Daunt, 11. Ease off, 13. Tick, 14. Drifter, 15. Kneecap, 17. Folio, 18. Skin, 19. Office, 20. Scamp, 21. Cyst, 22. Earl, 23. Trot, 24. Onus.

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